

## The Purpose of Chiropractic

The purpose of chiropractic is to keep the life energy of the human body "*Turned On*" with the chiropractic adjustments. When a chiropractor sees a patient, it is not to pop a bone, make pain go away, or crack a back. The purpose is to respect the intelligent life force that powers our bodies, and correct a serious interference to that intelligent life energy. This allows the intelligent life energy to flow through our nerve supply to all parts of our body 100%.

Chiropractic has been aware of the dangers of interruptions to our nerve supply for over 100 years. Vertebrae which misalign, easily interrupt this vital nerve flow. When this occurs, the life energy immediately cannot supply the body properly, malfunction begins, and the body begins to suffer and accumulate damage inside. Notice I did not say hurt. A vertebral subluxation (vertebra misaligned interfering with the nerve supply) blocks and alters vital intelligent nerve messages to various parts all over the body simultaneously creating damage to these organs with no pain, no discomfort and no warning. How long do you want to let that go on for? Oh yes, in time you may develop symptoms, by then you've allowed substantial damage to occur.

Therefore, the best use of chiropractic, is to allow your body to express it's greatest potential while on this Earth by keeping a steady supply of full nerve energy. To be able to live to your greatest potential by maintaining a full nerve supply.

Vertebra in the spine frequently misalign for many

reasons throughout our lives, each time cutting down the proper intelligent life flow to the body. They tend to be like light switches that go out of alignment, interrupting the proper power supply to the body as often as daily, or as infrequent as weeks. Yet they always tend to re-Subluxate and reduce the nerve flow. This is why it is important to have vertebral subluxations corrected regularly to maintain a full nerve flow. By doing so, it allows the tissues of our body to strengthen, and become fully functional again.

The moment you resubluxate, I guarantee you cannot tell when it is actually happening. Many people often think they can tell, but what they are really saying in most instances, is that their pain returned. This is simply not true. We can never tell when we are subluxated unless checked by a trained chiropractor.

90% of our lives, we endure damaging, life robbing subluxations that gradually accumulate sick tissue, totally with no pain, no symptoms and no warning signs. That means that a lot can happen to us if we make the mistake of judging our subluxation correction needs solely by our symptoms. The vast majority of damage to our bodies due to subluxation will occur when we are subluxated and are absent of any symptoms or pain.

To keep our bodies alive, full of proper energy, functioning properly at all times and expressing our highest potential in life, we must recognize how important regular subluxation correction is to our health.

So, let's *stay alive!* and healthy with regular chiropractic adjustments, and not let our health slip away because we didn't understand the importance of our own life energy.

## Chiropractic is for Sharing with Others!

The Greatest Gift you could give anyone, is the gift of good health. We take good health so much for granted in this country, that we seldom realize when it is lost, that it was within our control to do something about it. Why? Because we often delegate the responsibility of health out to someone else, our doctors. The only person guaranteeing you health, is YOU! Chiropractic offers the one element lacking in most peoples health care regime, that is life with a full nerve supply.

If you don't take care of your nerve supply, then count on surrendering your health. The gift of sharing, is simply taking the time to tell someone else about Chiropractic. When you have become instrumental in helping them back to health, they will never forget, you were the one that took the time to help them. Usually the people whom need Chiropractic the most, are those whom think they are so healthy, they don't need anything. We all need a full nerve supply to stay healthy. Let's Spread the Word!

## Personal Injury Auto Accident Report

This report is intended to be informative and helpful in guiding the injured party/parties involved in an auto accident, receive the necessary and due care needed to fully recover from their accident. Much of this report is based on 20 years of clinical experience and observation of having treated thousands of auto accident injuries.

My background begins with my attendance at a chiropractic college that focused it's teachings on the principles of chiropractic, and the specialized training taught in the specific correction of the upper cervical spine (the upper neck), from injury and vertebral subluxations (nerve pressure).

Chiropractic research revealed in the 1930's and 1940's that the human spine had natural difficulties retaining a proper position of the upper two cervical vertebra. These vertebra surround the brainstem (medulla oblongata) which is the beginning source of all nerves to the human body. Nerves from the brainstem supply the body with energy from the brain necessary to supply all parts of the body with a proper supply of nerve energy. This nerve energy itself is the very life energy that makes are body alive and gives it the power to heal itself.

These upper two bones are constructed in such a way that they misalign easily into a position that creates interference to the brainstem. Because the brainstem has no sensory nerve fiber endings, victims **do not feel** these top two bones which remain out of position producing pressure on the brainstem until professionally corrected. For this reason, people suffering whiplash in auto accidents commonly have these two bones misalign producing severe interference to the nerve supply that begins damaging multiple organs and areas of the human body. A process begins with this misalignment and nerve pressure chiropractic has labeled vertebral subluxation, resulting in damage that will continue to gradually accumulate in the nerves and organs from the time of the accident.

Approximately 30% to 40% of the accident cases seen over 20 years, had pain and symptoms related to the accident delayed by weeks, and months. These misalignments and pressure on the brainstem (nerve supply) known as vertebral subluxation, allows injured patients to feel confident at the time of the accident that their injuries were not substantial, only to find themselves weeks or months later, suffering from the accident injury to the spine effecting their nerve supply and proper organ function and musculoskeletal function. This is one reason why 80% of all auto accident victims not treated with chiropractic have health problems related to the accident injury, up to 15 years after the accident.

No other profession specializes and dedicates it studies to the correction of vertebra subluxation except chiropractic. Specific chiropractic adjustments correct these vertebral subluxations to the nerve supply. Patients who have experienced specific corrective chiropractic care are surprised at the level of results they achieve with these highly specialized adjustment to the upper neck and spine. Although other segments throughout the spine also get adjusted, the upper two remain the most important at the brainstem level.

Conditions that are accident related and have improved with the proper chiropractic care, are:

Carpal Tunnel Syndrome, pain and numbness in the arms and legs, neck pain, headaches, blurred vision, eye pain, throat pain, low back pain. One woman suffering from severe pain in her leg and low back, did not get adequate care at the time of the accident and had severe attacks of low back and leg pain two years after the accident. Due to the application of the “specific” upper cervical (upper neck) chiropractic adjustments, she was surprised to get her eyesight back in her left eye in addition to her low back and leg improving, even after having blindness for 36 years, not even related to the low back and injury to the nerve in her leg.

Insurance companies know that people suffer whiplash related problems that can have delayed symptoms and pain, and turn into serious complications at late dates, and therefore have vigorous programs and campaigns attempting to get victims to settle quickly before they realize the extent of their damages. Your vehicle is the least important aspect damaged in an auto accident, your spine, nerve supply and health are the most important. Auto insurances, cover chiropractic care both from the liable party insurance, and the victims insurance, and cover accident related injuries 100%. It is wise to get your spine checked with chiropractic after an auto accident to determine if injury exists. A common mistake people make when it comes to using their insurance is thinking their rates will go up if they use it. Insurance rates **only** go up because an accident or tickets are your fault, not because you use the insurance. Insurance is designed to protect you in an accident.

It is quite common for auto accident victims to suffer substantial injuries due to the impact from the accident, and have no damage to their vehicle. The laws of physics prove that 3,000 pounds of vehicle can transfer directly to your spine injuring it, in an auto accident, and leave your vehicle undamaged.

The damage to your nerve supply, not properly cared for with chiropractic, can escalate into health problems that can become very expensive in the future. Once the small 24 vertebrae of the spine are misaligned from the impact of the accident, they will remain out of normal position until such time they are chiropractically corrected. The longer the spinal segments (vertebrae) remain misaligned, the more scar tissue is laid down along the spinal segments thereby contributing to retaining the misaligned vertebra in this negative abnormal position. The pressure on the nerve supply may not immediately produce symptoms or pain that we routinely respond to medically, but may be producing substantial damage to your nerve supply and body that you will pay a price for later with the loss of your health and eventually result symptoms, pain and health related problems.

Spinal surgeries can be very expensive, not just due to health care costs, but due to lost job abilities after the surgery, and loss of lifestyle.

It is irresponsible to your own health not to get your spine checked and cared for chiropractically after auto accident impact.