

The Brainstem or (Medulla Oblongata) is the Origin from where Life Energy comes from in the Human Body

Vertebral Subluxation is when a bone Misaligns from it's normal position and Interferes with the Life Energy getting from the Brainstem to the other parts of your body

In a normal functioning body, all tissues and organs must have the benefit of 100% Life Energy from your Nerve Supply to expect them to be Healthy

With less than 100% Life Energy passing through your Nerve supply, your body will not **Function** properly

Add **Time** to this, and your body will develop more extensive damage and eventually Symptoms and Pain

## Thinking Chiropractically

To think chiropractically, is to understand vertebral subluxation. How it effects our daily performance of our body and all our organs. You see, we either have made the effort to stay subluxation free, keeping a full flow of energy to our body, knowing that our body is benefiting everyday from a full nerve supply. Or, we have not grasped how common vertebral subluxation is, and how quickly not taking care of our subluxations can rob us of our health. To think chiropractically means to give up certain basic concepts that medicine has taught us. Number one, medicine has taught the world to wait for our bodies to fail, to wait for pains or symptoms to show themselves before taking any action on our health. If you understand subluxation, this just doesn't make sense. Vertebrae are a daily, lifetime challenge to keep them from interfering with our nerve supply to our organs, not just when we are not feeling well. And it is important for every person to become educated in the understanding, that damage comes to our organs and body parts for long periods of time, gradually accumulating unhealthy tissue before experiencing failure of health. We can also have sudden trauma to our subluxations that can produce more immediate symptoms. But for the "Big Picture", there is always the threat of body tissue destruction from subluxation that will not show itself quickly, and without taking action to correct subluxation throughout our lives to prevent this damage, our health will, like gravity, everytime, slowly diminish in the presence of subluxation. Remember the old saying, "great deeds our accomplished from little efforts"? So are great illnesses created by daily cell damage and cell death caused

quietly by vertebral subluxation. It is important for the public to be educated on this health destroyer, and to become aware of the "silent killer" nature to subluxation. Medicine seeks to prevent you, the American public, from ever understanding this, or taking advantage of chiropractic to have good health. Many times patients adopt a less than clear understanding of what actually takes place from vertebral subluxation, and what occurs during it's correction. We often hear "WHEN IS that bone going to stay in place?". IT'S NOT THE BONE STAYING IN PLACE !! IT IS THE CHANGES, INTERNALLY, THAT YOUR BODY MAKES OVER TIME, WHEN YOU MAKE THE EFFORT TO KEEP THE VERTEBRAE FROM INTERFERING WITH YOUR NERVE SUPPLY, THE CONTROLLER OF ALL HEALTH IN YOUR BODY.

So stay healthy, stay subluxation free, and overcome the ignorance that has been taught to us for a lifetime, that health can come from a bottle.

# **You Can Not Stay Healthy, If You Do Not Take Care Of Your Nerve Supply**

Vertebral Subluxation is REAL. Because of the way the upper 2 neck bones are designed, **THEY ARE GOING TO GO OUT OF PLACE AND CREATE NERVE PRESSURE!!** In fact, the vertebrae that become subluxated, usually begin to be out of place, creating nerve interference to your nerve supply, from the time you are born. When they do, they're going to produce pressure on the brainstem and block nerve transmission from the brain, to the body, every time! These bones do not go back into place on their own, they **NEED** a specific force to correct the bone displacement. 99% of your life, that pressure is never accompanied by pain or symptoms, but is still damaging your body and your health.

So, what is happening to your body when these bones are out of place, and you have no pain or symptoms to warn you? The blocked nerve transmissions damage your organs, and are not limited to damaging **ANY** of your body parts. Blocking nerve transmission is the same as saying, blocking "LIFE". It is life itself that flows through our nerve supply to our physical body to make it work, function and keep it **ALIVE!!** Without the life force, our bodies die, with a reduced amount of life, our bodies get sick, and accumulate damage.

Yes, a blocked nerve supply, called vertebral subluxation by chiropractors, is the primary missing ingredient to full health that the world is unaware of when taking care of their health. We have been sold through popular Medicine and advertising that we are well until we experience pain or symptoms. This is simply not true. Medicine has never wanted to admit to the existence of vertebral subluxation. No other health profession has ever stressed staying healthy or preventing ill-health as the chiropractic profession has, by promoting excellent health within your body, by maintaining a full nerve supply.

If the public could only be enlightened to the dangers of allowing vertebral subluxation to exist within their body, injuring their nerve supply, they would strive to keep their bodies operating all their lives with a full, 100% nerve supply.

To be healthy, you must have the power from your brain to your body turned **ON** with chiropractic adjustments. To do that, you must use chiropractic on a regular basis to keep the power flowing from your brain to your body 100%, to keep your body, it's organs, and all your body parts functioning properly all the time.

## Suppression of Symptoms?

Symptoms are expressions of life in the human body, why would you want to suppress them, or life? Because sometimes they are not comfortable? The truth is, we as the human race, have learned very little about interpreting what our bodies are trying to tell us. Of course symptoms are telling you something is wrong, but we are not doing the right thing by covering them up with drugs and medications. Drugs and medications do NOTHING to heal the problem that caused the symptoms or pain in the first place.

Since drugs cover symptoms up without addressing the cause, they literally allow the cause to worsen, and you get sicker without you realizing it. The result is, it is very unhealthy to take drugs in the name of health when they are doing the exact opposite, allowing us to turn our backs on the real problem, by covering up the symptoms.

People get strongly hooked into this one wrong idea regarding medications and drugs, that there is some answer here, and if one drug fails, then it must be another that I need, and so on. Until one day they discover they have really let their health slide. But of course, there is always another drug to take for this too. Until one day we move into a crisis situation that drugs could no longer cover up, and are now told we need surgery, because some organ or part no longer works correctly, so of course we have to cut it out because it hurts.

It is time to wake up to the fact, that not taking care of our subluxations, and correcting the nerve pressure, will cause us to pay a heavy health toll, the real cause behind malfunctioning organs.

## The Nature of Vertebral Subluxation

It is a vast and unprecedented problem when it comes to Vertebral Subluxation. The world virtually knows nothing about it, yet it effects the lives and health of millions of people around the world everyday of their lives. No one escapes subluxation effecting their health. Vertebral Subluxation is a discovery made by the profession of Chiropractic in 1895. The delivery of this message and knowledge to the world has been seriously impeded in every way by the American Medical Association for over a hundred years.

Literally speaking, Vertebral Subluxation is the interruption of the proper and intended nerve flow coming from the brainstem to the human body. It effects the proper functioning of any and all organs and tissues of the human body as well as other mammals. Upon research, it was discovered that the upper two neck bones just beneath the skull predictably, commonly, and routinely mis-align from their normal position, upon which they immediately encroach the space inside allotted for the human brainstem. The brainstem is the actual physical location from within the human body that the life energy streams from in order to supply the whole body with "life". The brainstem is approximately 3 to 4 inches long, and about 1 to 1 1/2 inches wide.

So what is this thing we call "Life" that is being restricted by brainstem interference? Simply observe the difference between a live person and a dead body with no life. Certainly a dead human body will quickly decay and decompose back into the earth without the life energy present. In essence, the life energy is the same thing we call the "Spirit" in church, or describe as having "Innate Intelligence" in the principles of Chiropractic. They call it "Prana" in yoga, and "Chi" in martial arts, or the "Power Within". Whatever you prefer to call it, we know Chiropractically that it is a supreme power, or life energy that is responsible for giving life to every single cell in the human body, and it makes no mistakes. It just should not be interfered with.

The life energy first becomes apparent in each individual being, with the union of two cells that divide and divide to first form the brainstem, the heart of the entire nerve supply, until 9 months later you have a little miracle being born. The brainstem is the first organ to be developed, followed by the rest of the nerve supply, and then all the organs, until a little human being is formed. It is the very power that creates us, that is the very power that is intended to flow over our nerve supply to give life to the whole human body, right down to the cell. It is the same power that heals us as well.

It is the medical understanding of health that has been so impregnated into the minds of the public, that certain aspects of the way we, as a society understand health, continue to be accepted without question. We have never had the luxury of being shown another way, a better way. Our basic premise regarding understanding the way our bodies function and achieve excellent health has never been given us, therefore these truths have never been understood by society. So, understanding the nature of a vertebral subluxation, would first have to be classified as the most devastating blockage to the human body life force that exists, if you truly understood how seriously it robs the human body of life and health. It also has the nature of doing it's dirty work without us being aware there is damage taking place. That's right, it works away at our bodies, damaging and destroying our organs cells at a time, without ever warning us, at least

immediately. The reason for this, is there are no sensory nerve endings that register pressure or pain in the brainstem. Therefore, a mis-aligned upper cervical (neck) vertebral bone can mis-align and press against the brainstem blocking the flow of power to the body for years and never get a warning!!! Of course, if enough damage is added up or accumulated, eventually we can get a symptom or pain announcing there is something wrong, but by then we have also accumulated poor health.

The distortion of logic here, is that societies' health care system that has brainwashed us for years, only tells us one thing, come see us when you are experiencing symptoms or pain. Then of all things, an artificial drug is always given to cover up the pain and the symptoms. What about the blockage of life force that has been reduced from 100% to the body, that was cut off years before, and continued to damage you until your body had enough and screamed out in pain. Also, the drugs that cover up the pain and symptoms DO NOT HEAL, they only allow you to feel comfort while your subluxation or blockage of life energy continues to worsen and your body becomes more damaged. So, the nature of Vertebral Subluxation is to "Silently Kill" the human body from within, without you being aware.

There is one more thing we may express as the nature of Vertebral Subluxation, that is it frequently goes out of place or re-subluxates, and continues to go out of place our whole lives. One main component of the Vertebral Subluxation is the vertebral bones. They begin to take shape right inside the womb from the genes that were handed them from mom and pop. Once we are born, they are easily mis-aligned from either rough birthing procedures or from day to day activities of the child combined with the nature of the structure and mechanics of the upper two neck (cervical) vertebrae. The way these bones are designed, certain compromises were made by nature to allow bone number one to help support the massive weight and mass of the human head. The second bone had to be strong to also support the head but also allow for rotation between the head and spine. Consequently, both these bones are very different from all the other vertebrae in the spine. They are also the only two vertebrae that surround the brainstem. They also have no discs and fewer supports to hold them in place, as a result, they can mis-align easier.

Let's look at another reason. During our first 20 years of life, much critical bone development takes place. If we pass through these years with our vertebrae mis-aligned, they will develop a shape and position that will want to stay that way your whole life, even though the position of the bones may be pressing against your brainstem. The development of the ligaments, muscles and tendons also emerge around this bad vertebral positioning, and all in the presence of nerve interference to the brainstem which also impedes normal cell development to this area. The result, a vertebral subluxation that wants to return easily and frequently. Remember, subluxations do not go away on there own. Once developed, they need correction, and are only addressed by one profession, that is Chiropractic.

Think of the upper two neck bones as a switch that controls the power of life within the human body, and when out of place, seriously reduces the life flow, only you don't know, nor can you tell, when they are out of place reducing this nerve flow. This is why Vertebral Subluxation received the additional name "Silent Killer". The solution is, to have these bones **specifically** and professionally adjusted by a trained Chiropractor, and do so on a consistent and regular basis

that will allow a regular and continual relief of this interference to your nerve supply.

When regular chiropractic adjustments have been kept up for a period of months, the internal workings of the human body can receive substantial relief, and substantial healing can take place, and yes the relief of pain and symptoms. When regular chiropractic care can be kept up for a number of years (1-3), the human body can express much more of it's potential, and undo more of the damage that has accumulated for years, and fulfill the destiny the physical body was intended for and it's need of "life energy". Simply put, you cannot expect to have health with a less than a 100% nerve supply, it just does not happen. Your problem is, you keep using the distorted medical logic that has been taught to you, not taking action until you are symptomatic or in pain. Human health just simply does not work that way. It depends on the life energy making it to every organ and cell in the human body 100% throughout your whole life.

To have real health, we have to first learn what it is, and how to obtain it. Why else would specific correction of a vertebral subluxation allow for cancer remissions, or epilepsy to get well, or polio, bedwetting, inability to get pregnant, not to mention thousands of different problems.

It's time as a consumer you learn what chiropractic truly is, and how to use it, and just how very important it is to your health. Be aware that medicine will not let you know, and has been successful for over 100 years now.

BJ Palmer, the greatest chiropractor and philosopher of chiropractic principle whom ever lived, predicted one thing during his tenure. Dr Palmer stated that if there is anyone whom is aware of the limitations of medicine, it is the medical doctor. Of course after a decade of going to school, graduating in serious debt, and then emerging from this debt over another decade of hard work developing a business, enlightenment may not occur for at least 20 years, or maybe never. But, one thing is for sure, Dr Palmer predicted that if medicine could not eliminate chiropractic, which they have politically and economically have attempted for years, then they would at least attempt to either suppress chiropractic, control chiropractic, and finally steal chiropractic. This author has seen all this during the 10 years acquiring my education, and the following 20 years in practice. The medical profession insists on having the power over health care, to control all, despite their choice to look for magic drugs as the source of healing. They deny the chiropractic principle that all healing comes form within, and that the missing ingredient being that of a full, 100% nerve supply to all our bodies to function properly.

Medicine has been for some time attempting to steal chiropractic. After more than 100 years of dedication, perseverance, persistence, development, and love of chiropractic, the medical profession is audacious enough to attempt to steal our profession from chiropractors. But, as they attempt to put this as another instrument in their armamentarium of drugs and surgery, they have no formal training, no skills, no philosophy of chiropractic, and no time to change or be both. Why is it that chiropractors do not wish to have the legal right to prescribe medications, yet the medical profession can be so bold as to think they have the right to take our profession after 100's of years of putting us down. Their power is rooted in their ability to control the educational process regarding our perception of health in this country and the world.