

Regular Chiropractic Adjustments

Enough cannot be said for receiving your chiropractic adjustments regularly and frequently. The frequency with which a patient receives their chiropractic adjustments is very important to their success in getting well. Many patients enter this office with a preconception that getting well means just getting a bone in place. And then want to know when it is going to stay. This is not true. It is a matter of getting a bone in place, and keeping it there with regular adjustments while the nerves are allowed ample time to heal from the continued release of the energy from the adjustment.

Patients **get well** from regular adjustments that provide **regular relief** to the nerve supply. It is the nerves that must heal, and whatever organ they supply. The nerve supply has suffered interference and irritation from the misaligned bone blocking the energy from the brain to the body. The chiropractor and the patient working together to regularly adjust these bones, allow them to move into a position in your spine that does not interfere with the nerve system. This allows the intelligent energy from the brain to flow to the tissues of your body, and gradually, **if** this channel is **kept open regularly**, it will improve the quality of the tissues that previously became damaged from the bad nerve supply.

If the chiropractic adjustments are not performed frequently enough, and the frequency maintained long enough, it will greatly effect the patients' success. Everyday for 1 week to start, followed by 3 to 4 visits for 1 week, kept up with 3 visits per week for 4 to 6 weeks is a typical frequency starting for a

new patient, and is necessary for good success in getting well. So remember, chiropractic is the art of allowing the tissues of your body to heal from chiropractic adjustments that regularly keep the nerve supply open. This is obtained by recognizing, that the subluxated bones that keep going out of place, and re-interfering with the nerve supply, must be re-checked and re-adjusted keeping the blockage away from the nerves **through time**, allowing the energy to get through to the body parts and heal them and the nerves.

What Heals ?

The life force within your body is what heals, it's that simple. Think about it, once the life energy leaves our body, we are left immediately with a physical body no different than the one we had one single second before, except that one second before it was filled with life. Immediately after death, our bodies still have a nerve supply, and all organs we had a moment before when we were still alive, liver, heart, kidneys, legs, arms, eyes, etc., but now, there's no life force to drive and organize the parts. The result, the physical body will soon decay back into the earth.

It is the life force that gives life to the body, and so it is also the only force that heals the body. It is the only force that can bring organization to the tissues of the body. In today's society, people's health are the result of decades of being told the answer to health is through drugs. This is not so, **DRUGS DO NOT GIVE HEALTH.** The only thing drugs do, is cover up pain or symptoms. If any one knows the laws of life, you cannot cover up or ignore anything without the truth eventually showing itself in time, or paying a heavier price for not addressing the problem truthfully. The result, America is number 39th on the world health poll, and yet it is the one nation in the world spending the most on drugs and medical technology. Yet, **Drugs DO NOT HEAL!** Neither does surgery.

Surgery only removes organs and tissues that were not properly cared for in the first place, and are now failing. Usually because drugs were used to cover up the pain, removing the patients need to have to face up to their health problem honestly, and find the real cause of their health problem.

Why People Don't Go To Doctors...,

(Until They Are Very Ill.)

There are four basic reasons why average people do not go to their doctors. They first are trained by the current medically dominated health care system to wait until they are ill to go to a doctor. This has always worked well for the medical community for several reasons. One, they have little to offer you except symptomatic relief. Remember, despite their drugs, it is always the human body with its life energy that heals, nothing else. Their treatments usually involve the prescription of medications which change the body chemistry enough to cover up the pains and symptoms.

They do not educate the public that sickness and disease is a process that begins long before the onset of pain and symptoms, and have nothing to offer you prior to this stage of sickness. They have you over a barrel with fear, and the feeling of financial necessity, when it comes to being very ill.

Secondly, our medical health care system is set up and oriented around this stage of illness only, and offers nothing on preventing illness. This creates the subliminal dislike in the minds of people, as they know from experience the only trip to a medical doctor is usually bad news, as they are already quite ill by the time they feel they "have to go".

Thirdly, it usually is very, very expensive. Finally, the general public has never been educated into what true health is about, or how to obtain.

The Cause of a body not functioning properly is the result of a compromised nerve system. People simply are NOT AWARE of the importance of maintaining a full nerve supply through the regular use of chiropractic care. Only 7 to 10 per cent of the

American public use chiropractic yearly and Medical doctors will never tell you the importance of regular chiropractic adjustments for you, and your family.

Chiropractic has taken it's toll of political, and financial abuse. If it didn't work so well, it would not be here today with the bullying and mudslinging the America Medical Association has flung at the Chiropractic profession. You could take a full year history course on this topic alone, and still not learn all there is to learn.

Our insurance system is not educated well in the benefits of chiropractic and so do not view it as that important. Nor will they not hesitate to abuse chiropractic in their power to reimburse claims.

Even the miracles that regularly occur everyday in chiropractic offices all over the nation get denounced by the medical profession which the news media dare not challenge them. The drug companies selling you cures for everything in a bottle are very well financially endowed and have no intent on letting chiropractic flourish. Our media is owned by the drug companies and the medical profession. Therefore, your entire health education comes from them, not chiropractic.

The final condition of all people with regard to their health is a reflection of their belief system, which most only know the one that is available to them, medicine. The public knows nothing, if at all, the potential their health can have through regular chiropractic care. They have no means of learning it's importance and potential to make them healthy. You cannot expect to be healthy without a full, and well functioning nerve supply.

Why Chiropractic Works

1) The life force from within your body is the only power that heals.

2) The Chiropractic Adjustment unlocks misaligned vertebrae (bones) that block, restrict, interfere with, or alter the normal nerve energy (life flow) through the nerves, allowing the vertebrae (bones) to move back to an improved position, and allows the full power to be restored.

3) Regular Chiropractic Adjustments keep the spinal vertebrae (bones) from interfering with the nerve supply, allowing the nerve energy to flow to all parts 100% through a continuum of TIME.

4) With no interference, and ample time allowed, the body is able to heal itself due to the life energy or **Power** having been restored to **100%**, and maintained over **Time**.

5) Nerves supply EVERY tissue in the human body with life, otherwise that tissue dies. This is why thousands of different types of problems are able to be helped by chiropractic care.

6) Vertebral bones out of alignment, make the openings and channels the nerves pass through smaller, this creates restriction into the nerve supply, which alters the messages or life power coming from the brain to the body. This is called VERTEBRAL SUBLUXATION.