

Staying Well !!!

Most people on this planet today do not know much about vertebral subluxation, although they should, as it effects their lives everyday. Why do you think we keep saying, "Spread the Word"? If you have any health plan whatsoever, it needs to include the overcoming and correction of vertebral subluxation. Why do you think it has been nicknamed "Silent Killer"? It's obvious, it does a lot of damage to our nerve supply and organs that can be avoided. Everyday of our lives we are subjected to Chemical, Physical and Emotional factors that can Subluxate us or aggravate our subluxations.

Most of us still however, wait to become ill before doing anything for our health. There is ample documentation to remind those uneducated about chiropractic that problems related to EVERY AREA of our bodies' health become effected by nerve pressure and damage brought on by subluxation. We no longer have to look for that miracle health problem that chiropractic can cure where medicine failed. Instead lets get smart and avoid ill-health by utilizing chiropractic on a regular basis to keep healthy.

It's unfortunate today that we still suffer from some of the negative imaging created by the medical profession during our grandparents generation. If chiropractic had been not been knocked down, held down, and treated unfairly by those in power controlling health in this country, millions more Americans would be well today that are not. Everyday I turn on the television and watch the news, I see health problems that can easily be helped through chiropractic care, yet have succumbed to drug treatments and surgeries that may have been avoided had chiropractic been employed first.

If you have any plans on securing your health, you need to keep your spine checked for subluxation. If you care anything about your loved ones, friends and neighbors, they need to know the importance of chiropractic care and what really heals and keeps you healthy.

Staying Subluxation Free

Why is it important to stay subluxation free? Because subluxation represents an insidious and dangerous interruption to the life energy being emitted from the brain to the body. It is without a doubt the most serious threat to human health that exists. One reason this is possible, is due to the silent nature in which it can gradually destroy any organ of the human body long **before** the onset of symptoms or warning signs alerting you to a health problem.

The second reason is how very common and widespread people suffering from the effects of vertebral subluxation is, and how simply subluxation is too easy to get. Having practiced for almost 20 years as a chiropractor, I have not yet met one person whom does not have a subluxation. Yet every day, people's body's and health are being damaged by vertebral subluxation without knowing it, simply because the symptoms have not set in yet.

The third reason is, we live in a medical and pharmaceutical dominated society. They control our airways. They are so powerful that our entire society has been sold on one lying principle, that health can be obtained from some miracle drug, or one that has yet to be discovered. The truth is, health and healing come from the healing life force from within, that is given to us at birth. You have not been allowed to learn and understand in this society about real health and the beneficial effects of chiropractic correcting your subluxations.

Bones simply don't stay in place for long periods of time before they re-misalign. However, by receiving regular

chiropractic adjustments, we can cause our bodies to change from within, having organ tissue and nerve tissue repair and heal to their maximum potential over time. That's the way to health, keeping a full nerve supply by receiving regular chiropractic adjustments so that your body can repair itself, and then keep it self at it's maximum. And most important, don't EVER be fooled by the dangerous and damaging effects of vertebral subluxation. Don't ever take subluxation for granted just because you have no symptoms. A lack of nerve supply always damages your health, and having subluxations that you do not correct will always rob you of your health before you know it.

So remember, feeling o.k. does not mean you are healthy. Feeling o.k. does not mean your body is not being damaged by subluxation.

After the Accident, What Do I Do?

In my eighteen years of practice, every single patient whom suffered from an auto accident, were injured with whiplash from the forces involved in their accident. Every patient whom had gone to a hospital first, were unable to be helped with their whiplash condition, and in many instances, the hospital personal even told them they needed a chiropractor. Many patients, approximately 30% to 40%, had a substantial delay in symptoms that came weeks and months after the accident. They too could only be helped with chiropractic, only did not realize initially they had been injured.

Many patients pursued medical advice that required pain killing medications, with eventual physical therapy (mostly specialized exercises) for weeks, only to discover months after all their treatment, they still were not well.

All patients whom came to this office, and properly followed my recommendations, did well and overcame the results of their accident injuries, whether they came here first, or had failed to get well going the medical route.

The reason for this, is that there is **NO REPLACEMENT FOR CHIROPRACTIC CARE**. Only chiropractors are trained extensively through years of schooling to correct Vertebral Subluxations, such as those brought on by auto accidents. And once a person has had the experience of receiving regular chiropractic care for their subluxations, they realize the difference. Therefore, chiropractic is non-duplicating, no other health professional can provide that service.

If you've been in an auto accident, your spine is rattled, mis-aligned, and mainly **SUBLUXATED!** You need chiropractic!!

Scavengers

Scavengers is the word given for life forms that literally live off the waist of other living life forms. They actually serve a purpose when considered within the realm of mother nature. That is, they clean up where no one else can or wants to. Germs, Bacteria, and Virus all fall under this category, and are all considered microbes because they cannot be seen with the naked eye, and require a microscope to be seen.

Long since the beginning of the study of microbes, they have been the blame by the medical profession for the "cause" of disease. Yet in the largest book ever written by a medical doctor on microbes, by Dr William Boyd, required reading for all freshman medical students and chiropractic students, he states in the first chapter something quite contrary to this. Dr Boyd states that in all his years of study, he has found that the microbes of the earth are physically repelled by live cells of the human body, and that they shun away from these cells. Dr Boyd goes on to state that he believes it is the "Vital Force" emanating from within the cell outward that these microbes dislike. He goes on to clarify that these microbes like to feed off dead and aging dyeing cells, not the new, healthy ones. This observation by the world's greatest pathologist contradicts the "germ theory of disease", in that it demonstrates that unhealthy cells are the "cause" of disease, and that germs and bacteria only come after the fact, being attracted to already sick or dyeing cells.

So, it appears that germs and bacteria are there to clean you up on the inside, as it has long been recognized that the human

body MUST get rid of old cellular tissue as quickly as possible before it toxifies the body. Any build up of old useless dead tissue in the body is not good for our health. We must get rid of the old cells.

Healthy cells exist when they are receiving a full, 100% nerve supply of "Life Energy". We are healthy, when most, if not all, of our cells, are all receiving a 100% supply of "Life Energy".

Living Life to Your Fullest Potential

To live life to your fullest potential, you would simply have to put health as your first concern, as without health, we cannot live to our fullest potential. Yet, very few people know what the basic ingredient to health is, nor what the one thing is that heals the human body. Therefore, they turn to drugs and medications, as their solutions to health. But worse yet, they wait to get sick. This practice is the adopted norm for most Americans, they wait to get sick before taking any action regarding their health. There is so much more abundant health that we can have, and most people are unaware of how to achieve it, and yet we can have it so simply.

The one thing, and only thing that heals the human body tissue, is the **intelligent life force** that makes all our tissues and organs function. More important, fills them with life! Our life force is given to us at the time of conception, and does not leave our body until we die. It travels throughout the human body through our incredible nerve supply. Chiropractors find interferences to the nerve supply called subluxations and correct them releasing the life energy to flow 100% again. Subluxation is a COMMON problem, but is almost unknown and not understood to it's real dangers and properties by most people. Subluxation can never have your back turned to it, if you plan to be healthy.

If we ever hope to have good health, and live to our FULLEST POTENTIAL while on this earth, we will have to live it with a 100% full nerve supply. The blockage of the human nerve supply and subsequent damage to the body is common, and most important, destroys health in a very silent and gradual manner. It is the worlds biggest secret right under our noses. The reality of what nerve interference means to our health has been kept from you by our medical establishment through their constant control of the health establishment and our health education in this country.

Remember, subluxation does most of it's daily damage without pain or symptoms to warn us. To take adequate control of our subluxations, we most undergo an intensive period of adjusting for several months, followed by less intensive weekly adjusting for a year or more to correct our health. Then, we can begin prevention weekly, bi-weekly, or monthly dependent on what your body needs and your doctors recommendation.

You'll never know all the hundreds of things you never got by keeping a full nerve supply, and you will assure yourself, and your family, that you won't experience major illnesses. You will be able to live your life to it's fullest potential, free of drugs, and with a full nerve supply!!

THE BASICS OF HEALTH

100% HEALTH WOULD EQUAL 100% HEALTHY CELLS

FOR A SINGLE CELL TO BE HEALTHY, IT MUST HAVE 100% LIFE ENERGY SUPPLYING IT IN ORDER TO BE HEALTHY

FOR ALL OUR CELLS TO BE HEALTHY, THEY WOULD ALL NEED TO HAVE A SUPPLY OF LIFE ENERGY

TO HAVE 100% HEALTH, WE WOULD HAVE TO CORRECT THOSE THINGS IN OUR LIFE THAT TAKE AWAY LIFE FROM HEALTHY CELLS

#1 BLOCKAGE OF LIFE ENERGY TO CELLS,
VERTEBRAL SUBLUXATION

#2 BLOCKAGE OF LIFE TO CELLS, MEDICATIONS,
DRUGS, CHEMICALS, NON-BIOLOGICAL CHEMICALS