The Magic Bullet

When we think of the Magic Bullet, we think of the philosophy on which Medicine has based it's quest for cures to every human malady on the planet. The Magic Bullet mentality suggests that there is some secret potion, pill or solution somewhere in our universe, that will cure the human body from some specific malady, and that all we have to do is discover the secret potion.

Many Magic Bullets have been discovered, yet thousands remain yet to be found. This is why billions of taxpayer dollars for research continue to pour into the hands of Medicine every year on the hopes of discovering those most important Magic Bullets yet to be discovered. For instance, spinal cord regeneration for spinal cord injuries, cancer, diabetes, etc. Most charities in pursuit of the Magic Bullet function in just this way, and pray off the hopes and aspirations of their devoted followers searching for a cure.

The research for these cures routinely involves inducing animals with the disease, such as cancer, and then giving them the current potion being researched, and seeing if the animal lives or dies. This is what has given rise to the anti-vivisection movement, as there are thousands of people who protest to animal experimentation as it usually results in death. There are thousands of animals from hamsters, to cats and dogs, and chimpanzees etc. that die daily in this country supporting the Magic Bullet theory of health. The quest for a cure for cancer has been going on in the USA now for over 30 years, and has cost billions of dollars, and yet no cure has resulted.

The basic problem with the Magic Bullet theory of health, is that no drug, medicine, potion, shot or salve can make human tissue heal. The only entity that makes human body tissue heal is our life energy that was given us at conception. This intelligent power placed in us by God, is a supreme intelligence that gives to our human body, all it's life and health and properties of life and the ability to heal. This intelligence knows exactly what to do, where to do it, and in what quantity. It makes no mistakes, and is responsible for coordinating, supplying proper function, and healing of all our organs. This includes the replacement of cells and tissues on a routine daily basis for the sustenance of life. So it is life that heals, not drugs!

Drugs, medications, potions, pills and shots only manipulate the chemistry of the human body to make pain and symptoms disappear. This does not correct the cause of the human body's ailment, but merely covers up the warning signs. The elimination of symptoms and pain are therefore not what we should consider health. Health by Medical definition is, "the optimum function of the mind, body and spirit and social existence not merely the absence of pain or symptoms".

The problem that the human race is challenged with, is the routine and common interference that occurs to our nerve supply from birth. Chiropractors discovered this nerve interference and call it Vertebral Subluxation. The primary nerve interference or subluxation exists when the upper cervical vertebra (upper 2 neck bones) misalign at birth preventing the normal quantity of energy from descending to the body from the brainstem. Nature designed our body to be supplied with this intelligent energy through the nerve supply. The nerve supply begins with the brainstem in our head and neck, becomes spinal cord in our spine, and 62 nerve roots each with 500 million nerve fibers exit along the spine to ALL our body parts. This is more complex than our current

nationwide phone and electric systems, and all contained in each human body!! A true miracle in itself.

Chiropractic has repeatedly proven its excellent results over 100 years of application to correcting subluxations for millions of patients witnessing all types of disease, sickness and maladies relieve, improve and get well. From our own body eliminating tumors, skin rashes, incontinent bladders, hearing loss, restoration of eyesight, and more.

Unfortunately to this day, Medicine in cooperation with our government, drug companies, and the insurance industry has successfully fought to keep chiropractic out of mainstream health. Therefore it is routine to go to the store and get a drug to cover up our pains and symptoms, while our much needed correction of subluxations goes undetected by millions. We have been taught by the medical concept to only be motivated by pain, yet the correction of subluxation goes undone. If the public could understand the accumulation of sick tissue that occurs over decades in the human body due to subluxation before the onset of symptoms and pain, we would all take action to keep our subluxations corrected to experience optimum health immediately, and not wait for symptoms to occur.

As long as we seek the Magic Bullet, we will underscore our own intelligence failing to observe that healing is, and always will be a timely process. No person, animal or living creature heals overnight. Healing is a process that will always involve time for the human body to make tissue changes. The question is, will your body have the benefit of a full nerve supply to make these changes properly and in full? Or will you continue to believe in Magic Bullets. I think belief in Santa Claus is a lot safer for your health.

Success!

Success is measured in different ways to different people, irregardless of your definition of success; most people want success to some extent and are driven to achieve success at different levels. It was first explained to me at a young age that riches meant money, gold and jewels, but wealth meant those things around you that make your life more beautiful, like children, rose gardens, healthy meals, nice clothing, invigorating experiences, and those things that enhance the quality of our lives. Simply being healthy is part of being wealthy. Yet, how many times have we heard, you can't enjoy your riches, wealth or success without good health. The fact is GOOD HEALTH is our most prized possession. Without it, we cannot enjoy wealth and riches. With it, we can even prosper in poverty.

Have you ever known someone who saved, and saved working hard their whole lives, only to loose their health in the process, having put "riches" as their first priority and never considered health in their formula for success? It's sad to see that happen. They work their whole lives very hard, often missing many of the enjoyments in life that go with working increased hours, only to loose it all, by loosing their health in the process.

Why not come up with a formula for successful living that allows us to enjoy the fruits of our labor as well as good, if not excellent health. Without health, you'll spend all that hard earned money someday in a health care system that is marked for stripping our retirement funds for our failing health problems, and dieing early. It is often justified by thinking, "well at least he could afford the heart transplant".

We don't have to put up with the standards of health that have literally been forced upon us by the medical monopoly and drug companies. Think about it, the only thing offered us in the countries biggest, most dominate health care system is drugs and surgery. Do you really believe that those two offer you good health? In my years of growing up, I have witnessed countless Americans putting faith in the American medical system of drugging and surgery, only to be let down. We are almost led to believe that believing in the medical system is synonymous with being patriotic to our country.

For 108 years, medicine has belittled, defamed, damaged, and fought chiropractic from its inception, and has been successful in preventing the spread of the chiropractic principle and its enjoyed effectiveness by millions of Americans. They have sold, or better yet brainwashed the American public that they have the only and absolute answers to health, using solely

drugs and surgery as their only tools to this goal. Medicine has sold the public on the belief that health can be had from the "Outside In" with respect to the human body.

Chiropractic, and its master minds, the Palmer family, have always preached principles harmonious with the basic observations of the natural workings of the human body. They believed health comes from, the "Inside Out". They outlined principles that included a supreme intelligence handed to us by our higher power that literally runs the human body, and gives to it all its properties of life and normal function. It was observed that for this intelligent energy to access all parts of the human body, the *nerve supply* was necessary to convey all this intelligent energy to all parts of the human body. It was discovered that this goal of distributing the life force through the nerve supply is part of the basic human need and nature of our bodies, and is dramatically interfered with by a component chiropractic has labeled vertebral subluxation.

All humans are plagued by this interruption of the life energy, which for the most part, slowly damages the human body for years and decades, allowing our bodies to loose life to them, in turn loosing our health. It is the reason today that medicine makes billions of dollars today drugging the effects of vertebral subluxation on our bodies and never once enlightening the public about chiropractic and vertebral subluxation.

Vertebral Subluxation is largely neglected due to our thinking. First, we as a society are completely unaware of its dangers. Our thinking has been preoccupied by medical dogma. Turn on your TV any time during the day, and you will find channels with surgical procedures purporting to save lives and bestow miracles. You'll find drug ads in between these medical programs. If you need a brake from it all, you can turn on a soap opera conveniently set in a hospital setting once again establishing medical thought into our brains. If that were not enough, the morning, afternoon, late afternoon, and evening news is constantly bombarding us with medical miracles and support for their way of life. Not to mention television specials by all our leading networks that support medicine during our highest viewing times. You simply cannot get chiropractic education to any great extent through our countries largest medium, our TV networks.

Due to the selling of the American public on a "pill for every ill", we do not even consider their could be another answer. From the little we do learn about chiropractic, largely through private advertising, we begin to think of it as what the medical profession would prefer to leave it as, a treatment for back pain. Never mind the lady who got her eyesight back using

chiropractic in my office last month, or the ability to avoid major illness by keeping your subluxations corrected for life.

With out a doubt, the American public is unaware of the miracles of chiropractic, how living a healthy life is impossible without taking care of our vertebral subluxations even when we are feeling fine. It goes hand and hand with what medicine has handed us, "take action on our health only when symptoms or pain are present". Chiropractically translated, "take action on your health only when the final warning signs from a long process have showed themselves, and then cover them up with drugs for the time being, and allow your body to degenerate further, as you ignore correction of your subluxations".

The answer is right in front of you. Drugs relieve symptoms by changing your chemistry at the risk of being artificial and have substantial risky side effects to the users. Surgery removes parts of our body that have become so painful and malfunctioned due to our neglect and ignoring their needs. Medicine is clearly an emergency procedure for eliminating pain, not a solution to real health. Chiropractic offers something unique, a full and intelligent life force to your whole body something it has always needed from the day you were born, but has suffered with a diminishing nerve supply. A power that was put their when it created us, and will be there to the end. All we have to do is keep the interference corrected, vertebral subluxation, and allow 100% nerve flow to our bodies, and we will live a different life, one with true health, one with true success, allowing us to live life back in touch with the power that created us.

Sucker!!

Remember the old W.C. Fields movies when the label "Sucker" became popular. You know, "there's a sucker born every minute!". Well that reminds me of what has been done to the American public with our conditioned understanding of health care. But let's not stop there, the whole world tends to follow us in health care, as <u>we</u> set the trend. It just so happens medicine today controls much more of our lives than people realize on a day to day basis. They have inundated our airwaves, our television, our magazine ads, our thinking. We have been conditioned to accept a <u>drug</u> for every ill.

Years ago when the AMA (American Medical Association) was established, it was created by two men whom claimed to be medical doctors and were not!! It wasn't revealed until 40 years later. To this day the AMA has become the accepted stamp of approval on ALL health care, including conveniently eliminating any type of competition that may be a threat to their success, making the competition out to be a danger to the public, or public health threat, to prevent any one from tapping in on the financial corner the AMA had so coveted and created for themselves.

Health care is a booming industry in America, and the AMA and drug companies are right at the top. They have created their own monopoly with the help of our Federal Government. Our government has helped support all the crucial legislation that allows them their absolute power. What amazes me, is how few people question what is handed them. Like the principle that drugs are the sole answer to health. In my 20 years of practice, I have never witnessed one patient who was medicating, that took the time to educate themselves on the serious, serious side effects ALL medications (including over the counter drugs) have on the human body, every time. As if, let's live for today, we'll deal with tomorrow later. Yet tomorrow comes pretty quick.

This is not meant to offend those whom appear to depend on drugs for an existence. What it is intended to do, is make readers of this article aware that there are better ways to have health, to satisfy our needs. Simple observation tells us that if we were healthy, we wouldn't be taking medications and drugs. And, are drugs a real way to health?

In their quest for power, the AMA has always fought hard to prevent the spread of chiropractic, putting us at the head of their list on their committee on quackery and it's elimination in the 50's. 107 years have gone by and nothing has really changed. Yes, sometimes public image is taken care of by throwing chiropractic a bone, and admitting publicly they have some

benefits. This prevents them from looking bad. They don't want to be seen as the bully in the public eye. However, behind the scenes, do you ever see hour long chiropractic educational movies on TV? Do you ever see channel 13, 9, 7 or 4 report chiropractic miracles at the 5 or 6 or 10 o'clock news? How about AHCCCS, our State's remedy for health care to the poor? I saved a young boy from heart surgery and orthopedic neck surgery that was on AHCCCS, and I can tell you, they do not cover chiropractic, nor do they have any intention of covering chiropractic. And if the public ever did put enough pressure on our governor, the state would still find some way to seriously cap the availability of chiropractic through AHCCCS, and under pay it to the point of ineffectiveness.

Our government is in on the medical monopoly, the medical doctors are in on the medical monopoly, the drug companies are in on the medical monopoly, the insurance companies are in on the medical monopoly, the American public is in on the medical monopoly. WOW!!! Who isn't?

It's been my experience that the BETTER way, the REAL way to good health is so obscure in this country that it is a wonder how anyone could actually find their way to better health. But there is, and it begins with maintaining a full nerve supply through regular chiropractic adjustments.

The AMA has worked feverishly over the past 107 years to attempt to reduce chiropractic to a public image of only being good for some back pain conditions. They do not want the public awareness of true chiropractic benefits to bloom. They need to control health, or the public will discover what real health is, and then all the needless surgeries and over prescribed drugs are over with, and people become more independent because they have now discovered the new world of real health.

Chiropractic recognizes that a full nerve supply and 100% function are BASIC to a human body if we are going to expect it to work correctly. It also recognizes that the human race, (all of us), are plagued with vertebral subluxation or nerve interference. If we, as a human race, took care of our interferences to our nerve supplies, and witness what the human body can do with a full nerve supply, and know that not taking care of our nerve supply always has consequences, then we would discover a new level of health we have never been introduced to. Until we shake our medical conditioning of not taking action on our health until we are in pain or symptoms, we will always miss the truth regarding our body's needs for being healthy. Damage to the function of our organ systems and their tissues gradually accumulates from abnormal nerve supply, in the absence of symptoms and pain. We can do something about our health to prevent serious illness by maintaining a full nerve supply. We simply have to grasp the idea that we are not alright

just because we display no symptoms or feel good. We must learn about vertebral subluxation, and take care of it, if we are to respect our health and our bodies.

Hind Sight or Vision, the Same Thing?

Often in my 20 years of practice, I hear patients tell me they can't belief the amount of relief they received from chiropractic care after years of unnecessary suffering. They say, "had they *known* chiropractic would have been so effective, they would have sought chiropractic care years earlier". Often my elderly patients become acutely aware of how needed chiropractic was earlier in their lives, as they've had the experience of suffering from loss of health, and understand the value of chiropractic very quickly.

I've seen people regain their eyesight after 36 years of blindness, hearts that would suddenly speed up, stop their irregularities and function normal, tumors disappear, skin rashes disappear, people regain control of leaky bladders, people think clearer, and the list goes on and on. Yet the best use of chiropractic would be to use it to stay healthy, and avoid becoming ill. Recognize that we need a healthy nerve supply to be healthy and well, and that we are *ALL* in danger and harms way when it comes to vertebral subluxation.

Behind every human body that is not functioning properly, is a body with a damaged nerve supply. This is a *common problem* with the human race. Vertebral subluxation which causes the interference and damage to our nerve supply and body, is something that is a process of accumulation and damage to our body that occurs while we are feeling fine. Blockage due to misaligned vertebrae interfering with the nerve system, prevents the life energy from doing it's job of keeping our body functioning normally and healthy. This process of accumulating damage usually continues for many years without pain or symptomatic warning signs, allowing the damage to become more extensive due to not taking action.

Once the damage to our organ tissue is extensive enough, then we may begin to experience symptoms, while we could have done something years earlier to avoid loosing so much. We may also prolong our suffering by taking drugs to cover up symptoms while ignoring the correction of our vital nerve supply, causing the problem to worsen.

Correcting vertebral subluxations to allow a full nerve supply, and thereby allow our organs to heal is certainly an effective tool to getting well. But wouldn't it be a lot better if we kept from getting ill by utilizing chiropractic adjustments to prevent the accumulation of sickness? Can we rearrange our thinking to take care of our health before it is lost waiting for symptoms to occur? We've been taught our whole lives to seek our doctors attention once we have become ill, painful or symptomatic, and then to medicate. Can we

begin to realize that a primary prerequisite to health **is** a **full nerve supply**, and discover and experience what true health is through the use of chiropractic adjustments to the spine that keep our life energy turned on 100%?

Unfortunately today, after 20 years in practice, most patients entering my doors have only learned that chiropractic is good for back pain, and 90% of the new patients are experiencing chiropractic for the first time. We can have so much more if we could learn to use chiropractic to get healthy, and then stay healthy. Health is the only thing we really can own, it's up to us.

Vision is what is seems to require us to see the need for maintaining our nerve supply to maintain good health. When staying healthy using chiropractic, we are no longer relying on our symptoms and pains to remind us to go to our chiropractors. We are no longer waiting for our systems to fall apart to ill health and poor function, instead, we are THINKING!! And doing something about it now, because we use our VISION!! There is much to convey to the public with regard to just how extensive vertebral subluxation plays a role to all parts of their body and daily health, and how elusive the injury and damage created to our organs is related to our nerve supply and vertebral subluxation. Yet it is hard to shake our brainwashing of drugs and surgery being the needed solution.

Whether we discover chiropractic late in life and use our "hind sight" after our health has been allowed to suffer, or we capture the "vision" now, and see chiropractic as thee necessary tool it is to staying healthy. Aren't we talking about the same thing only in two different time frames?